

Oral Hygiene

There has recently been a big push on oral health among children due to evidence proving an increase of tooth decay and sugar intake.

The Lime Trees have chosen to introduce a February challenge for all our children to take part in. The challenge will involve the children completing the reward chart with a tick or a sticker in the morning and evening when they have cleaned their teeth.

Every child that completes their reward chart will receive a prize at the end. To complete a full teeth clean, your child should spend 2 minutes each time cleaning their teeth thoroughly.

For more advice on oral hygiene please speak to your dentist or see further information on our website.