



## THE LIME TREES AT JOHN CLIFFORD

### January 2020

Welcome back after the Christmas break. We hope that you have all enjoyed the seasonal festivities and are looking forward to the Spring term.

We are looking forward to celebrating Chinese New Year and will be making Red Envelope gifts and making rat masks to celebrate the Chinese New Year of the rat.

We will be decorating pancakes for Shrove Tuesday and will be creating cards and gifts in preparation for Valentines' Day. Who will be your Valentine?

We will be enhancing our "small world" area and as we would like to recycle more, we will be using junk modelling material and scrap fabrics to make

Furniture and furnishings for the doll's house and to make a dinosaur world. All donations are welcome!

We are encouraging children to recycle more and cut down on single use plastic. We now order loose fruit and veg and do not use any plastic tubs in our role play kitchen. We will also be taking our food scraps to the compost bin in the school grounds.

We will be focusing a lot on Internet Safety the week before February Half Term to coincide with "Internet Safety Week".

We are looking forward to an exciting fun packed term.

### YOU SPOKE: WE LISTENED!

You Spoke: "My child is quite shy; can you please encourage them to join in with others"

We Listened: "Absolutely! We have been encouraging the children to welcome others in their play and participate in activities on offer.

You Spoke: The children have asked for a "chill out zone", a quieter area where they can read and play cards away from the hustle and bustle of the room.

We Listened: We are currently working on this and will putting it into place soon.



## STAFF TRAINING

All our staff have carried out training on; Domestic Violence, Toxic Trio, Aces, Breast Ironing, County Lines, Equality and Diversity and further SEN training.

## Environment

By the end of 2020, we want to remove all use of single plastic in our settings. We are planning to arrange a playful challenge for the children which involves picking up 3 pieces of plastic per day in the local area and completing a reward chart. There will be a prize for the winner. This will help to educate children on plastic waste and how we can improve our environment.

## TIPS AND ACTIVITIES AT HOME

### Oral Hygiene

There has recently been a big push on oral health among children due to evidence proving an increase of tooth decay and sugar intake. The Lime Trees have chosen to introduce a February challenge for all our children to take part in. The challenge will involve the children completing the reward chart with a tick or a sticker in the morning and evening when they have cleaned their teeth.

Every child that completes their reward chart will receive a prize at the end. To complete a full teeth clean, your child should spend 2 minutes each time cleaning their teeth thoroughly.

For more advice on oral hygiene please speak to your dentist or further information on our website.

**ACES (Adverse Childhood Experiences)** – Learn more about preventing ACES by assuring safe, stable and nurturing relationships and environments. Please visit YouTube to watch the educational video-[WWW.youtube.com/aces](http://WWW.youtube.com/aces)

## FIRST AID TRAINING FOR PARENTS

In the Spring term The Lime Trees will be hosting Paediatric First Aid training for parents to administer basic first aid including CPR. Dates and venue to be confirmed. Please see our website for other useful information and tips at home.



## CHARITY WORK

### Residential Homes –

In December, we purchased gifts and made Christmas bags for The Manor Nursing Retirement Home in Arnold. Members of staff and a small group of children visited the residential home, sang songs and handed out the gifts. The residents thoroughly enjoyed this, and we hope to work more with the elderly this year.

### FOODBANKS

You may have received our email regarding foodbanks. We provide childcare for approximately 1400 families and are now offering foodbank vouchers. Please speak to your club Manager or Head Office for further information. We are also accepting food donations into our settings. If you would like to donate, please inform your settings Club Manager and we will arrange for the food to be delivered to a local foodbank.

## UPCOMING EVENTS AND NOTICES

Mon 27<sup>th</sup> Jan – Chinese New Year Celebrations

Fri 14<sup>th</sup> Feb – 1<sup>st</sup> Mar – Dark Skies Festival – help us reduce light pollution to gaze at the night sky.

Tues 25<sup>th</sup> Feb – Pancake Day

Fri 6<sup>th</sup> Mar – WOW – (Women of the World) Celebration Day – help us to celebrate the amazing achievements of some of the world's most influential women.

Tues 17<sup>th</sup> Mar – St Patricks Day – Wear something green.

Fri 20<sup>th</sup> Mar – Mother's Day

Fri 3<sup>rd</sup> April – Last day of term

## COMMENTS

“Your club is a credit to the school”

“All staff are extremely helpful and always available to answer any questions”

“Thank you for providing such a wide variety of activities for my child”

“Thank you for being so flexible”