



## THE LIME TREES AT ARNOLD VIEW

January 2020

Welcome back after the Christmas break. We hope that you have all enjoyed the seasonal festivities and are looking forward to the Spring term.

We finished off the year by taking on our biggest project yet to make craft packs for a charity. The children worked very hard and made twenty gift packs for refugee children which we presented at a ceremony on the 10<sup>th</sup> December.

Our children also made gift packs and presents for Manor Nursing Home in Arnold which were delivered to every one of the residents in the run up to Christmas.

We are very proud of all the effort the children put into both projects. We had a production line of making up parcels for two weeks!

Staff have produced a scrapbook of our gift packs for you to view on the reception desk. Please have a look!

We are looking forward to an exciting fun packed term.

### YOU SPOKE: WE LISTENED!

You Spoke: A parent asked if we could serve bananas and grapes

We listened: We advised the parent that due to choking hazards we do not supply grapes but do provide the children's favourite fruits. The most popular request being apples!



## STAFF TRAINING

All our staff have carried out training on; Domestic Violence, Toxic Trio, Aces, Breast Ironing, County Lines, Equality and Diversity and further SEN training.

## Environment

By the end of 2020, we want to remove all use of single plastic in our settings. We are planning to arrange a playful challenge for the children which involves picking up 3 pieces of plastic per day in the local area and completing a reward chart. There will be a prize for the winner. This will help to educate children on plastic waste and how we can improve our environment.

## TIPS AND ACTIVITIES AT HOME

### Oral Hygiene

There has recently been a big push on oral health among children due to evidence proving an increase of tooth decay and sugar intake. The Lime Trees have chosen to introduce a February challenge for all our children to take part in. The challenge will involve the children completing the reward chart with a tick or a sticker in the morning and evening when they have cleaned their teeth.

Every child that completes their reward chart will receive a prize at the end. To complete a full teeth clean, your child should spend 2 minutes each time cleaning their teeth thoroughly.

For more advice on oral hygiene please speak to your dentist or further information on our website.

**ACES (Adverse Childhood Experiences)** – Learn more about preventing ACES by assuring safe, stable and nurturing relationships and environments. Please visit YouTube to watch the educational video-[WWW.youtube.com/aces](http://WWW.youtube.com/aces)

## FIRST AID TRAINING FOR PARENTS

In the Spring term The Lime Trees will be hosting Paediatric First Aid training for parents to administer basic first aid including CPR. Dates and venue to be confirmed. Please see our website for other useful information and tips at home.



## CHARITY WORK

### Residential Homes –

In December, we purchased gifts and made Christmas bags for The Manor Nursing Retirement Home in Arnold. Members of staff and a small group of children visited the residential home, sang songs and handed out the gifts. The residents thoroughly enjoyed this and we hope to work more with the elderly this year.

### FOODBANKS

You may have received our email regarding foodbanks. We provide childcare for approximately 1400 families and are now offering foodbank vouchers. Please speak to your club Manager or Head Office for further information. We are also accepting food donations into our settings. If you would like to donate, please inform your settings Club Manager and we will arrange for the food to be delivered to a local foodbank.

## UPCOMING EVENTS AND NOTICES

Mon 27<sup>th</sup> Jan – Chinese New Year Celebrations

Fri 14<sup>th</sup> Feb – Inset Day

Mon 17<sup>th</sup> Feb – Holiday Club – booking essential

Fri 14<sup>th</sup> Feb – 1<sup>st</sup> Mar – Dark Skies Festival – help us reduce light pollution to gaze at the night sky.

Tues 25<sup>th</sup> Feb – Pancake Day

Fri 6<sup>th</sup> Mar – WOW – (Women of the World) Celebration Day – help us to celebrate the amazing achievements of some of the world's most influential women.

Tues 17<sup>th</sup> Mar – St Patricks Day – Wear something green.

Fri 20<sup>th</sup> Mar – Mother's Day

Fri 3<sup>rd</sup> April – Last day of term

Mon 20<sup>th</sup> April – Inset Day

Upcoming events include – Pyjama evening and Winter Warmer morning with crafts, hot chocolate and a secret breakfast menu. Please ask staff about these events.

## COMMENTS

“Your club is a credit to the school”

“All staff are extremely helpful and always available to answer any questions”

“Thank you for providing such a wide variety of activities for my child”