



# It's fun to play

## Moving to Learn!

### Talking tips:

Singing:

The Hokey Cokey  
The Wheels on the Bus  
The Grand Old Duke of York  
Play Simon Says:  
Up and down  
Forwards and backwards  
Side to side



Children learn by moving.

Children need to be in control of their muscles in their hands, bodies and eyes! This is developed through exercise, play, music and movement!

### Fun Activities to try:

- Building outside with boxes and crates, tubs and plant pots
- Rolling large and small balls, barrels and tubes
- Weaving strips of plastic bags or old scarves on fences
- Stirring and mixing when cooking and role play
- Pushing and pulling large toys
- Balloon and ball games
- Hopping games
- Running games
- Climbing equipment
- Dressing up- pulling clothes off and on
- Dancing with scarves and streamers
- Prams, wheelbarrows, scooters, bikes etc