



Nottinghamshire  
County Council



Children need to have a go so they can learn..... let them try, and try again knowing you are there to catch them and say well done!

# It's fun to play outdoors Games you can play!

Simple games to play on the park:

Sliding down the slide  
Ready, Steady, Go

Singing songs on the see-saw like Row, row, row your boat and See-saw  
Margery Daw

Counting the steps as you climb and pushes on the swings  
Peek-a-boo

Encourage your child to pretend e.g "You're the train driver" "We're going fast"

This will help your child develop their language as well as their physical skills by having fun, being active and talking together.



**Lets talk:**

In/On  
Up/Down  
Under/  
Over  
Step  
Slide  
Stop/Go  
Swing  
Higher  
Lower  
Faster  
Slower